Superior Nutrition.Gourmet Taste.

Anderson
Health Solutions™

FortiSalt®

Better Flavor. Reduces Sodium

When using **FortiSalt®** instead of table or even sea salt, reducing sodium isn't a sacrifice. It's natural and gourmet. **FortiSalt** uses a full range of essential mineral salts at nutritionally significant levels to achieve a rich and full-body salty flavor. **FortiSalt** achieves a full salty flavor with more than a 50% reduction in added sodium compared with using table or sea salt and provides other essential electrolytes that the body requires to properly use sodium at the cell level.

FortiSalt® is manufactured by
Mineral Resources International, Inc.®
2720 Wadman Dr.
Ogden, UT 84401
(801) 731-7040

www.fortisalt.com

MRI

Don't just reduce sodium. Rebalance minerals every time you salt your food.

Enhance flavor and drop the regular salt and use gourmet FortiSalt® instead to reduce sodium and provide essential mineral nutrition for your health and for the health of your whole family.

Sodium is an essential nutrient, but consuming too much of it is linked with high blood pressure and other dangerous health conditions. That being said, dietary patterns and most modern foods are deficient in a range of trace elements, leading us to overconsume sodium while underconsuming other essential nutrients like magnesium and potassium, which actually helps our body to properly use sodium as the essential nutrient that it is.* Modern food also tends to be deficient in a range of trace elements that are essential to good health in their own right.

Other salts claim sodium reduction and trace minerals, but do not actually have enough of any element (other than sodium) to claim on their label. FortiSalt® provides a higher percent of the Daily Value or DV for magnesium and every essential trace element (except iron) than it does of sodium and provides a significant amount of potassium as well.

When supplementation tastes good, food is the ideal delivery method for essential minerals and trace elements. Essential minerals and trace elements have the potential to help block the absorption of heavy metals and to work synergistically with other nutrients from food.*

Drop the salt and use FortiSalt® instead to reduce sodium and provide essential mineral nutrition for your health and for the health of your whole family. FortiSalt will actually improve the flavor of your favorite recipes and dishes. In 2011, 2012, and 2015, FortiSalt was tested by Michelin-rated European chefs at the International Taste and Quality Institute (iTQi) in a test that only considered the pure pleasure of consumption—not nutrition—and was awarded their Superior Taste Award all three times. It's hard to understand just how good FortiSalt is until you try it.

Nutrition Facts

66 servings per container

Serving size 3.75mL **(6 full pumps from sprayer)**

Amount per serving

Calories **0**

	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	**0%**
Cholesterol 0mg	**0%**
Sodium 285mg	**10%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Included 0g Added Sugar	**0%**
Protein 0g	**0%**

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0%
Potassium 120mg 5% • Iodine 19mcg 13% • Magnesium 49mg 13%
Zinc 2.0mg 13% • Selenium 9.0mcg 13% • Copper 0.3mg 13%
Manganese 0.3mg 13% • Chromium 15mcg 13%
Molybdenum 10mcg 13% • Chloride 645mg 18%

* This % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Concentrated Sea Water (from Utah's Great Salt Lake), Purified Water, Potassium Chloride, Sodium Chloride, Zinc Sulfate, Citric Acid, Manganese Gluconate, Copper Gluconate, Chromium Chloride, Sodium Molybdate, Sodium Selenate.

Suggested Use: Consume 2 to 6 servings daily to replace salt. Each serving is 1 tsp. For full benefit, consume all **FortiSalt®** added to food. **Replace each measure of salt with 3 measures of Fortisalt.**
Compare: 1 tsp. salt=100% of the recommended daily amount (DV) of sodium. 3 tsp. replacement of **FortiSalt**=47% DV of sodium + 50% DV of magnesium and all essential trace elements except iron.

The Sea Mineral Concentrates ™ (SMC™) in **FortiSalt** are from Utah's Great Salt Lake and Generally Recognized As Safe (GRAS). They comply with applicable standards for heavy metals. They contain the spectrum of all naturally occurring stable elements in at least ultra-trace amounts. Vegetarian, vegan, Kosher and gluten-free formula.

Fortisalt can help people comply with sodium-reduced diets. If you are under the care of a physician or on prescription medication, please consult your doctor about using **Fortisalt** as part of a health-maintenance program. If you experience any adverse effects from using **FortiSalt**, please report your experience to MRI, Inc., 801-731-7040

Convert Recipes and Compare

Recipe calls for: Salt	Sodium Content*	Use: FortiSalt®	Sodium Content
¼ tsp.	575 mg	¾ tsp.	285 mg
½ tsp.	1150 mg	1½ tsp.	570 mg
¾ tsp.	1725 mg	2¼ tsp.	855 mg
1 tsp.	2300 mg	3 tsp.	1140 mg

*Sodium Content values are approximate and may vary with brand.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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