

Because your health is worth

Anderson
Health Solutions™

the time and effort we take

You can't rush perfection



We're proud to be old school. We have consistently produced excellent products with excellent results for over 40 years. Our claim of experience is from decades of our own hands-on work producing a hand-crafted product. We are proud to take our time and work closely with Mother Nature for an all-natural, solar-evaporation process to produce a product that has energy that people recognize and trust.

We just believe it's better.

Sea M.D.® is manufactured by
Mineral Resources International, Inc.®
2720 Wadman Dr.
Ogden, UT 84401
800-731-7866



All Natural • Ionic • Concentrated

Uses for Sea M.D.™

Supplementation of minerals and trace elements: We recommend consuming a total of 2 mL of **Sea M.D.** daily for supplementation. Sea M.D. is very rich in ionic magnesium, one of the most important minerals for supplementation. Those with a higher need, especially those suffering from stress, may benefit from up to 4 mL daily. Larger doses may cause a laxative effect.

Alkalize/Balance PH: Add 1 to 2 mL per gallon of purified water (1/4 to 1/2 mL per liter) to turn acidic purified water into alkaline water with a mineral content that rivals the world's best spring waters.

Apply topically for absorption through the skin: Similar to magnesium oil, apply 2 to 3 drops topically to a sore muscle for 20 minutes, then wash off. After bathing, while still wet, apply 2 to 3 drops per muscle group with up to 20 or 30 drops applied over the body. The water on the body helps dilute and disperse the minerals. Then apply moisturizer. Avoid eye contact as this may cause stinging. If this occurs, rinse with cold water. If skin reacts or excessive drying occurs, discontinue topical use in those areas.

Enhance foods and beverages: We believe that the best absorption and utilization of minerals in the body happens when minerals are consumed the way in which we consume food and drink, which is to take doses spread out over the day. We call this lifestyle dosing™ as supplementation becomes part of your daily life.

Coffee: Add ¼ mL to approximately 12 ounces of coffee to reduce acidity and mineral depletion and to improve taste.

Soups: Add 1 mL per can or approximately 2 servings of soup to improve nutrition, and to enhance flavor, especially in sodium reduced soups.

Pets nutrition: Mineral supplementation.

Vegetable Garden: Soil enhancement.

Bath, Soap, Shampoo: Improves skin and hair.

Home brewing and more...

www.mineralresourcesint.com

Supplement Facts

Serving size 2.0 mL
Servings per container 60

Amount per serving	% Daily Value*
Magnesium 220mg	55%
Chloride 600mg	18%
Sodium 3mg	0%
Sulfate 45mg	†

† Daily Value (DV) not established.

Ingredients: Pure Great Salt Lake concentrate.
This product contains 79 minerals and trace elements.



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2720 Wadman Dr. Ogden, UT 84401
Toll Free 800-731-7866
www.utmin.com
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Sea M.D.® is the original, all-natural, low-sodium sea mineral supplement from Utah's Great Salt Lake made through solar evaporation. It contains the full spectrum of all the naturally occurring stable elements in at least trace amounts. It is Generally Recognized As Safe (GRAS) and complies with all applicable heavy metal standards from the U.S. FCC.

The Andersons are the original harvesters of Great Salt Lake-based dietary supplements.

Recommended Use: Consume ¼ mL to 2 mL Sea M.D. mixed with foods or beverages so that daily consumption equals 2 mL. Consuming larger amounts or the full daily dose all at once may have a laxative effect. Sea M.D. is bitter, but small amounts in food and beverages can enhance flavors. Spreading consumption over the day improves absorption.

For questions or comments about this product or to report any adverse event from consuming this product, please contact MRI, Inc., 801-731-7040.

If you are under the care of a physician and/or on prescription medicines please consult your physician before consuming any dietary supplement.

