



Ion Health

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Mineral Resources International, Inc.

1990 West 3300 South, Ogden, UT 84401

tel: 801.731.7040
fax: 801.731.7985

www.mineralresourcesint.com

New Technical Paper Available from MRI!

MRI has released a new technical paper focusing on the health issue of menopause. The 20+ page technical paper provides up-to-date research findings and new information concerning the specific health concerns associated with menopause and addresses the role and impact of nutrition, specifically supplementation of minerals, trace minerals, vitamins, and herbs on menopause. To receive a copy of this new technical paper, e-mail your request to Karie Anderson at kariea@mineralresourcesint.com.

FortiSalt Receives Kosher Certification; Complete Line of

Premium, All-Natural Mineral Concentrates Re-Certified Patent-pending FortiSalt Gourmet Mineral Supplement has been certified as Kosher by the Rabbinical Council of California according to MRI. Further, MRI's complete line of premium, all-natural mineral concentrates including Anderson's Concentrated Mineral Drops™, OmniMin™, elete Electrolyte Add-In™ and Sea Salt Liquid were re-certified as Kosher. Chieko Anderson, MRI's Product Development and Quality Assurance Specialist, stated, "We aspire to create handcrafted mineral blends of unmatched quality. Kosher certification is one of the certifications standing behind our products, and we're very pleased to offer Kosher-certified products to our customers. With the certification of FortiSalt now, MRI can now state that our complete liquid mineral line is Kosher certified." The certification extends to MRI's private-label customers and/or food and supplement manufacturers purchasing premium mineral ingredients exclusively from MRI.

New Cancer Research Findings Reveal Calcium: Magnesium Ratio More Important than Previously Believed

New research is providing some valuable new insights into the relationship of calcium and magnesium and its impact on colorectal health. Previous research has shown that calcium supplementation might help reduce the risk of colorectal cancer. However, in certain populations, high calcium intake may be linked with high cancer occurrence and other health conditions. Experts had hypothesized that the ratio of calcium to magnesium may play a role as calcium is known to be antagonist; that is, it inhibits the absorption of magnesium. At the American Association for Cancer Research's Seventh Annual International Conference on Frontiers in Cancer Prevention Research, Qi Dai, M.D., Ph.D., and colleagues reported on the findings from their study, which indicated that calcium supplementation only lessened the chance of colorectal cancer recurrence if the calcium:magnesium ratio was low during treatment. States Dai, "The risk of colorectal cancer adenoma recurrence was reduced by 32 percent among those with baseline calcium to magnesium ratio below the median in comparison to no reduction to those above the median." The study suggests it might be better to ensure a proper ratio of calcium:magnesium rather than supplementing with either mineral by itself. *Source: Whole Foods Magazine, January 2009, p. 11.*

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