



Ion Health

A monthly e-newsletter from Mineral Resources International, Inc.

September 2009

Volume 8, Number 7

In This Issue:

- New Audio Podcasts and Video Available on MRI Web Site
- New Night-time Rest Formula Technical Paper Now Available!
- USDA Launches New Dietary Supplements Ingredient Database

New Audio Podcasts, Video Available on MRI's Web Site!

Mineral Resources International, Inc. (MRI) is pleased to announce it has recently posted on its web site video footage of two of its popular product demonstrations, the electricity or famous light-bulb demonstration and the hydrometer demonstration given by Bruce Anderson, MRI's President. To view the demonstrations, go to:

<http://www.mineralresourcesint.com/demos.html> and click on the appropriate link. MRI can also provide a CD copy of the video demonstrations for customers who would like to stream the videos on their web site or share with their customers. In addition, MRI has updated the audio podcasts in the MRI Back Office section with four new interviews with Val Anderson, Executive Vice-President and Director of Sales and Marketing. These interviews cover specific products (elete Electrolyte Add-In™, Anderson's Concentrated Mineral Drops™, OmniMin™, and FortiSalt™) as well as the importance of minerals and microelements in health and well being. To listen to the new podcasts, go to:

<http://www.mineralresourcesint.com/docs/login.php>. This is a password-protected site; please contact your MRI sales representative or Karie Anderson at kariae@mineralresourcesint.com for the password. MRI can provide copies of these interviews on CD as well to share with customers, employees, friends, and more!

New Night-Time Rest Formula Technical Paper Now Available!

Did you know that insomnia is one of the most common health complaints? It's estimated to affect one-third of the adult population (with ten to 15 percent of adults reporting chronic insomnia.) In a new technical paper from MRI, learn more about insomnia including helpful tips on getting a good night's rest and the latest research findings concerning magnesium and calcium and herbs including valerian, chamomile, skullcap, and hops showing how they help promote relaxation and rest. To obtain a copy of the technical paper, please contact your MRI sales representative or e-mail your request to Karie Anderson at: kariae@mineralresourcesint.com.

USDA Launches Dietary Supplement Ingredient Database

The USDA's Agricultural Research Service has launched a new tool, the Dietary Supplement Ingredient Database (DSID). This online tool has been developed to improve estimates of people's nutrient intakes based not only on the beverages and foods they consume, but also their dietary supplement intake. The database provides statistical estimates (based on chemical analysis) of the nutrient content of 18 selected mineral and vitamin ingredients in dietary supplements, compared with label-reported ingredient levels. To use the DSID, go to:

<http://dietarysupplementdatabase.usda.nih.gov>

Mineral Resources
International, Inc.

1990 West 3300
South, Ogden, UT
84401

tel: 801.731.7040
fax: 801.731.7985

www.mineralresourcesint.com

© 2009 MRI, Inc. All Rights Reserved.

The statements and product recommendations in this newsletter have not been evaluated by the U.S. Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent disease.